



CRISIS PREVENTION

If you or someone you know needs help,
call/text:

National Crisis Lifeline
1-800-273-TALK (8255)
Text: 838255

In the event of a critical
emergency, call **911**

*After one of the above numbers was called, immediately
notify the Director of Psychological Health, at (208) 272-
3786 to ensure access to all of the resources the Idaho
National Guard has to offer.*

NO ONE STANDS ALONE
PREVENT SUICIDE. BE WILLING TO HELP.



SCAN FOR FREE RESOURCES

Behavioral Health Resources

Director of Psychological Health
(ARMY)
208-272-3786

Director of Psychological Health
(AIR)
208-422-5313

Free and Confidential Mental Health Counseling Services

Brice Hessing, Case Manager
208-996-9622
brice.e.hessing.ctr@army.mil

Heidi Moyes, Lead Clinician
208-972-0082
Heidi.a.moyes.ctr@army.mil

Chaplain Support

Chaplain Robert Morris
208-272-4313
robert.w.morris1.mil@army.mil

Service Member & Family Support

1-800-479-7006
<https://imd.idaho.gov/idaho-national-guard/family-programs/>



SEXUAL ASSAULT PREVENTION & RESPONSE

**If you or someone you know needs help,
call/text:**

IDNG 24/7 Helpline:

208-477-6166

DoD 24/7 Safe Helpline:

1-877-995-5347

**In the event of a critical
emergency, call 911**

CRITICAL RESPONSE STEPS

1. Ensure the survivor's and your own safety. Call 911 if necessary.
2. Get medical aid if needed for any injuries.
3. Contact the SARC or Victim Advocate.
4. Protect the Survivor's options and privacy.

Sexual Assault Response Coordinator

Sean Egbert, JFHQ SARC

208-272-4306

sean.t.egbert.mil@army.mil

Sharon Anderson, Wing SARC

208-422-6373

sharon.anderson.7@us.af.mil

Victim Advocate Coordinator

Carl Hendricks

208-272-8400

carl.p.hendricks.mil@army.mil

Chaplain Support

Chaplain Robert Morris

208-272-4313

robert.w.morris1.mil@army.mil

Service Member & Family Support

1-800-479-7006

<https://imd.idaho.gov/family-programs/>

REPORTING OPTIONS

Unrestricted

- Medical, advocacy, legal, and counseling services are available.
- Chain of Command with a legitimate need to know and local law enforcement are notified.
- Eligible for an expedited transfer, military and/or civilian protective orders.
- Confidential LOD determination.
- Cannot be changed to a restricted report.

Restricted

- Medical, advocacy, legal, and counseling services are available.
- Chain of Command and local law enforcement are not notified.
- No criminal investigation.
- Confidential LOD determination.
- May be changed to unrestricted at any time.